



**Path to Health**

### **What is “Organic?”**

Organic is an agricultural method based on agricultural management practices that

- Create ecosystems capable of ensuring sustained productivity
- Control weeds and pests through a diversity of interdependent forms of life
- Recycle plant and animal wastes
- Uses crop selection and rotation
- Manages water

### **Benefits for the Soil:**

Soil fertility is maintained and improved by a system that maximizes soil activity

- Plants and animals are provided with essential nutrients
- Soil resources are conserved
- Insects and diseases are controlled by
  - encouraging a balanced host predator relationship
  - increasing beneficial insect populations
  - using biological and crop controls
  - mechanical elimination of pests or damaged plant parts

### **Benefits For Crops:**

- No chemical pesticides nor weed killers
  - instead use mechanical or biological techniques and organic methods
- No synthetic fertilizer or sewage sludge
  - instead reinforce the soil by using proven agriculture methods
- No Seed originating from GMOs (genetically modified organisms)
  - instead use only original seeds

### **Benefits For Animal Breeding:**

Neither antibiotics nor growth hormones are used

- instead use alternative therapeutic techniques such as homeopathy

No animal wastes or slaughter by-products in food diets

- instead use feed that is cultivated according to organic standards and without Genetically Modified Organisms

No overpopulation of animals in closed building

- instead provide decent living conditions with adequate moving space, sunlight and fresh air